



MEMBERSHIP INFORMATION

FACILITY HOURS

MONDAY - THURSDAY

5AM - 9PM

FRIDAY

5AM - 6PM

SATURDAY

8AM - 6PM

SUNDAY

1PM - 6PM

OUTDOOR POOL

Memorial Day - Labor Day

MONDAY - SATURDAY

10AM - 6PM

SUNDAY

1PM - 6PM

INDOOR POOLS

Open Year-Round

MONDAY - THURSDAY

6AM - 11AM; 3PM - 8PM

FRIDAY*

6AM - 11 AM; 3PM - 6PM

SATURDAY

8AM - 6PM

SUNDAY

1PM - 6PM

1446 Oak Springs Dr.
Columbia, TN
931-375-1800

muletownrec.com

At Muletown Rec we provide a safe, friendly environment to pursue a healthy lifestyle where individuals and families can thrive while achieving their goals through fitness and aquatic programming.

The Muletown Rec vision is to create momentum in the community through transformative experiences. We provide a wide range of programming and classes with more to come.

MEMBERSHIP

12 MONTH SINGLE MEMBERSHIP

12 MONTH SENIOR (65+) MEMBERSHIP

3 MONTH SINGLE MEMBERSHIP

PRICE

\$75/mo

\$60/mo

\$299

CLASSES

BOOT CAMP

PILATES

BARRE ABOVE

SPIN CLASSES

WARM WATER TAI CHI

DEEP WATER AEROBICS

POWER CIRCUIT

WATER AEROBICS

YOGA

GROUP AND
PRIVATE SWIM
LESSONS ARE
OFFERED
YEAR-ROUND

DISCOUNTS

- MILITARY/VETERAN
- CITY OF COLUMBIA

SENIOR (65+) PUNCH CARD

12 VISITS = \$60